### Survey of Food Preferences From [www.graciousvegan.com](http://www.graciousvegan.com)

|  | Haven’t tried it | Dislike it | Like it okay | Really like it |
| --- | --- | --- | --- | --- |
| Tacos |  |  |  |  |
| Tostadas |  |  |  |  |
| Burritos |  |  |  |  |
| Fajitas |  |  |  |  |
| Enchiladas |  |  |  |  |
| Taco salad |  |  |  |  |
| Chili  |  |  |  |  |
|  |  |  |  |  |
| Pizza |  |  |  |  |
| Deep-dish pizza |  |  |  |  |
| Calzone |  |  |  |  |
| Manicotti |  |  |  |  |
| Pesto sauce |  |  |  |  |
| Baked ziti |  |  |  |  |
| Lasagna |  |  |  |  |
| Spaghetti and marinara |  |  |  |  |
| Spaghetti Bolognese |  |  |  |  |
| Spaghetti and meatballs |  |  |  |  |
| Eggplant Parmesan |  |  |  |  |
| Ratatouille |  |  |  |  |
| Minestrone soup |  |  |  |  |
| Risotto |  |  |  |  |
|  |  |  |  |  |
| Chinese spring rolls |  |  |  |  |
| Chinese stir fry |  |  |  |  |
| General Tso’s |  |  |  |  |
| Lo mein |  |  |  |  |
| Mooshu  |  |  |  |  |
| Pad Thai |  |  |  |  |
| Banh mi sandwich |  |  |  |  |
| Pho |  |  |  |  |
| Thai red or green curry |  |  |  |  |
| Massaman curry |  |  |  |  |
| Indian curry |  |  |  |  |
| Pakora |  |  |  |  |
| Samosa |  |  |  |  |
| Mulligatawny soup |  |  |  |  |
| Ramen soup |  |  |  |  |
|  |  |  |  |  |
| BLT |  |  |  |  |
| Burger |  |  |  |  |
| Sloppy joe |  |  |  |  |
| Falafel |  |  |  |  |
| Reuben sandwich |  |  |  |  |
| Po’ boy sandwich |  |  |  |  |
| Pot pie |  |  |  |  |
| Shepherd's pie |  |  |  |  |
| Stuffed cabbage |  |  |  |  |
| Baked potato |  |  |  |  |
| Stroganoff |  |  |  |  |
| Tomato soup |  |  |  |  |
| Creamy potato soup |  |  |  |  |
| Corn chowder |  |  |  |  |
| Lentil soup |  |  |  |  |
| Split pea soup |  |  |  |  |
| Black bean soup |  |  |  |  |
| Cream of mushroom soup |  |  |  |  |
| Broccoli-cheese soup |  |  |  |  |
| Sautéed mushrooms |  |  |  |  |
| Baked beans |  |  |  |  |
| Coleslaw |  |  |  |  |
| Tabbouleh |  |  |  |  |
|  |  |  |  |  |
| Tofu |  |  |  |  |
| Tempeh |  |  |  |  |
| Seitan |  |  |  |  |

### Fruits and Vegetables

|  | Really dislike it/them | Okay in small doses | I like it/them | One of my favorites |
| --- | --- | --- | --- | --- |
| Artichokes |  |  |  |  |
| Asparagus |  |  |  |  |
| Avocados |  |  |  |  |
| Beets |  |  |  |  |
| Bell peppers |  |  |  |  |
| Broccoli |  |  |  |  |
| Brussel sprouts |  |  |  |  |
| Cabbage |  |  |  |  |
| Carrots |  |  |  |  |
| Cauliflower |  |  |  |  |
| Coconut |  |  |  |  |
| Eggplant |  |  |  |  |
| Green beans |  |  |  |  |
| Mushrooms |  |  |  |  |
| Kale |  |  |  |  |
| Olives |  |  |  |  |
| Parsnips |  |  |  |  |
| Peas |  |  |  |  |
| Potatoes |  |  |  |  |
| Spinach |  |  |  |  |
| Sweet potatoes/yams |  |  |  |  |
| Tomatoes |  |  |  |  |
| Zucchini |  |  |  |  |
|  |  |  |  |  |
| Black beans |  |  |  |  |
| Pinto beans |  |  |  |  |
| Kidney beans |  |  |  |  |
| Lima beans |  |  |  |  |

Name your five favorite dishes

Name any dishes you have very fond memories of from when you were a child or young person

Anything else you want to add?